HOME COOKED MEAL
*Gifter will cook dinner, lunch or breakfast for the recipient.

FULL DAY OFF FOR “ME TIME”
*Gifter will take over care for the day

ERRAND
*Gifter will perform one errand, such as laundry, mowing the lawn, walking the dog or picking up groceries.

HELPLINE CALL
*Gifter will call the Alzheimer’s Association to help the recipient problem solve a specific caregiving struggle.

HOURS OF RESPITE
*Gifter will take over care for three hours

COFFEE BREAK
*Gifter will make or bring coffee/tea/wine/ice cream
YOU TELL ME
*Recipient’s choice

your caregiver gift
Valid until redeemed with gifter. Expires never.
24/7 helpline 800.272.3900 | alz.org

CHAUFFEUR FOR THE DAY
*Gifter will handle the driving for the day

your caregiver gift
Valid until redeemed with gifter. Expires never.
24/7 helpline 800.272.3900 | alz.org

30 MINUTES OF RELAXATION
*Gifter will help create a quiet, soothing space for the recipient, right in their own home

your caregiver gift
Valid until redeemed with gifter. Expires never.
24/7 helpline 800.272.3900 | alz.org

FUN WITH FRIENDS
*Gifter will help arrange for care during the day so he/she can spend fun time with the recipient

your caregiver gift
Valid until redeemed with gifter. Expires never.
24/7 helpline 800.272.3900 | alz.org

3 HOURS OF RESPITE
*Gifter will take over care for three hours

your caregiver gift
Valid until redeemed with gifter. Expires never.
24/7 helpline 800.272.3900 | alz.org

COFFEE BREAK
*Gifter will make or bring coffee/tea/wine/ice cream

your caregiver gift
Valid until redeemed with gifter. Expires never.
24/7 helpline 800.272.3900 | alz.org